



Colorado Women's Forum in Health Administration November 2010 Newsletter

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Celebrating 25 years of Healthcare Education and Networking for Women in Colorado
1985 - 2010

NOVEMBER MEETING INFORMATION

- SPEAKER:** Judith Regensteiner
Professor, Divisions of
Internal Medicine &
Cardiology
University of Colorado
School of Medicine
- TOPIC:** Building a Center for
Women's Health
- DATE:** Thursday, November 18th
- TIME:** Social time begins at 5:15 pm
Speaker begins at 5:30 p.m.
Meeting ends approx. 7:00 pm
- WHERE:** The Children's Hospital
2nd Floor Conference Center
13123 E. 16th Avenue
Aurora, CO 80045
- BRING:** Please bring an item to
donate to The Gathering
Place, a non-profit women's
drop-in shelter

*Everyone who brings a donation will be
entered into a drawing for a gift certificate!*

*Meeting sponsored by
Tracy Ryan
Mountain Midwifery Center, Inc.*

PARKING: Validated parking in the Children's
Hospital parking structure located directly across
from the front entrance.

Directions from I-225: Exit at Colfax and go west.
The hospital is on the north side of Colfax. Turn
north (right) on Children's Way or Aurora Court and
look for dedicated parking for The Children's
Hospital.

SPEAKER BIO



Dr. Regensteiner is a Professor in the Divisions of Internal Medicine and Cardiology in the School of Medicine of the University of Colorado Denver School of Medicine. She is also the Director of the Center for Women's Health Research. Her expertise is in the areas of women's health, diabetes and cardiovascular disease. Her research in diabetes in particular is focused on gaining understanding of the cardiovascular effects of type 2 diabetes in women so that optimal treatments can be sought. She has been Principal Investigator or Co-Investigator of several current and previous large grants in type 2 diabetes and peripheral arterial disease. She has been extensively funded by the American Diabetes Association (to study gender differences in heart function in people with type 2 diabetes). Dr. Regensteiner is Principal Investigator and Program Director for the 2.5 million dollar "Building Interdisciplinary Research Careers in Women's Health" K-12 grant which funds junior faculty (MD and PhD) who wish to build careers in women's health. She was an

Investigator for the National Institutes of Diabetes Prevention Program and is currently an Investigator of the Look Ahead program of NIH to prevent cardiovascular events in people with diabetes by reducing obesity. She has published extensively in these areas and has received honors including the Department of Medicine Ph.D. Teaching and Research Award and the Henry Christian award for outstanding cardiovascular research from the American Federation for Medical Research. She was awarded the Elizabeth Gee lectureship award for the University of Colorado because of her work with the Center for Women's Health Research. More recently, she was invited by the Secretary of Health and Human Services to be one of 13 people from around the country to provide the evidence for the first Physical Activity Guidelines for Americans which came out nationally in October of 2008. Dr. Regensteiner was responsible for the Section on Metabolic Health. Dr. Regensteiner has published more than 90 papers. She is frequently invited to give talks both nationally and internationally on peripheral arterial disease and diabetes. She is also sought after for talks to lay audiences. Dr. Regensteiner is both a scientific and a career mentor for many junior faculty, especially those interested in a career in women's health.



October 2010 Meeting

PRESIDENT'S MESSAGE

Dear Friends and Colleagues!

I am honored to have Dr. Judy Regensteiner be CWFHA's guest speaker for November of 2010. Professor Regensteiner comes to us from the University of Colorado, Denver where she holds an appointment in both Cardiology and Internal Medicine.

Dr. Regensteiner is a principal in the Center for Women's Health Research at UC Denver. The Center is committed to being a leader in closing the research gap in women's health. The Center was created in June 2004 and is based in the Department of Medicine at the University of Colorado. Research priorities are diabetes and cardiovascular disease in women. Please come and join us for this special evening.

Best,
Kathy Ryan Morgan, President, CWFHA



October 2010 President Kathy Ryan-Morgan and speaker Dianna Kunz

Upcoming CWFHA Events:

December 16, 2010

The Gathering Place
Volunteer Breakfast

(volunteers prepare breakfast for women and children at the drop-in shelter)

If there is enough interest, we can also schedule another breakfast event on December 9th

January 20, 2011 –

Leslie Foster
President, CEO
The Gathering Place

February 17, 2011 –

Dr. Rachel Rabinovitch
Radiation Oncologist
University of Colorado Cancer Center

March 17, 2011 –

Jan Eyer –
CEO
Kindred Hospital

April 21, 2011 –

Erin Denholm
CEO
Centura Health at Home

May 19, 2011 –

Ellen E. Stewart, JD
Partner, Berenbaum & Weinshienk
CO Legislative Update



October 2010 Meeting

2010-2011 CWFHA Board

President:	Kathy Ryan Morgan
Vice President:	Jami Craig
Treasurer:	Tracy King
Secretary:	Janine Costantini
Membership:	Stephanie Franschczak
Strategic Planning:	Karen Swiat
Newsletter Chair:	Jeannie Miller
Volunteer Coordinator:	Janine Costantini
CAHE Liaison:	Jami Craig
Webmaster:	Stephanie Franschczak
Past President:	Lisa Betthausen
Programs:	Manda Dinkel, Tammy Schlei Gerri Morris Laurie Burnside

Remember to invite your friends and colleagues to a meeting. They come free as a guest for the first meeting.



October 2010 Meeting

New Membership Campaign

Help your friends and colleagues learn about CWFHA's networking and professional development opportunities through CWFHA's membership campaign. For every guest you bring to a meeting through the end of the season (May 2011), you'll have your name entered into a drawing for a FREE MEMBERSHIP IN 2011. Let's all get the word out about our wonderful organization!

Food Bank of the Rockies Volunteer Day!

Eight CWFHA members and member spouses volunteered at the Food Bank of the Rockies on Saturday, October 23rd. Together with volunteers from Americorps, the volunteers packed 259 boxes of food (10,360 pounds of food). Everyone had a great time and exercised those muscles while helping families throughout Colorado and Wyoming.

Thanks to everyone who participated!

"Today will be a struggle for 1 in 8 Coloradans facing hunger."

The face of hunger might surprise you. It could be the person serving your coffee, the teacher assisting your child, your neighbor, your friend. Every day hundreds of thousands of Colorado and Wyoming citizens worry about where they will find their next meal."

<http://www.foodbankrockies.org/site/PageServer?pagename=Home> - click on the link to learn more.

