



Colorado Women's Forum in Health Administration October 2009 Newsletter

OCTOBER MEETING INFORMATION

- SPEAKER:** Jena Hausmann, MHA
Senior Vice President and
Chief Operating Officer
The Children's Hospital
- TOPIC:** *Staying Focused (and
Balanced) in Today's
Tumultuous Healthcare Reality*
- DATE:** Thursday, October 15th at 5:30
p.m.
- TIME:** Social time begins at 5:15 p.m.
Speaker begins at 5:30 p.m.
Meeting ends approx. 7:00 p.m.
- WHERE:** The Children's Hospital
2nd Floor Conference Center
13123 E. 16th Avenue
Aurora, CO 80045
- BRING:** Baby food, diapers or other
baby item (sippy cup, baby
wipes) to donate to The
Gathering Place, a non-profit
women's drop-in shelter
dedicated to helping women
and their children in poverty or
homelessness.

PARKING: Validated parking in the
Children's Hospital parking structure
located directly across from the front
entrance.

Directions from I-225: Exit at Colfax and go
west. The hospital is on the north side of
Colfax. Turn north (right) on Children's Way
or Aurora Court and look for dedicated
parking for The Children's Hospital.

SPEAKER BIO

Jena Hausmann joined the senior management team at The Children's Hospital, Denver, in 2004, as the Vice President of Strategic Planning and Network of Care Operations. In 2008, she moved into the Senior Vice President and Chief Operating Officer position. Jena selected healthcare administration as a career path after watching a loved one go through the system in their final moments of life. After receiving her Masters in Healthcare Administration from the University of Minnesota in 1996 she fittingly selected an Administrative Fellowship with the Fairview Health System in Minneapolis, MN, in order to work on a Robert Wood Johnson Foundation grant to help redesign the care delivery and financing models for nursing home residents. After completing her Fellowship, she served as the Director of Provider Relations at The University of Minnesota Medical Center, an organization consisting of a then recently merged community hospital and an academic medical center. After 11 months in that role, she joined the senior management team and remained for the next 6 years providing leadership over a large number of operational areas as well as planning and business development activities. Her husband Kevin and her three children find their life's current purpose to provide much love and laughter each day.



PRESIDENT'S MESSAGE

Thank you for a wonderful kick-off program meeting for the 2009-2010 year! We were very excited to have Phillippa C. Marrack, PhD, as our first speaker on September 17, 2009 on "Vaccines and Their Unknown Heroes, Balto and Alexander Glenney". We will certainly never think of the flu shot the same way again! Please check out her bio on our new and improved website, www.cwfha.org. Also, check out notes from this meeting in this newsletter.

Dr. Marrack spoke at our brand new location, The Children's Hospital, please check out our website for more information regarding our beautiful new meeting space. A big **thank you** to Sheila Carlon and the Health Service Administration program at Regis University for sponsoring the food and beverage for our kick-off meeting. If you, or your organization, are interested in sponsoring a meeting, please contact us via our website.

Thank you to all past members, new members, and guests, for attending our first meeting of the year. We hope to see you at our next meeting, October 15, 2009. All new guests, men and women, are invited to attend for free. Please invite your colleagues and close friends!

The leaves are changing, the air is getting cooler, and pumpkins are appearing on neighbor's doorsteps. Fall is a great time to step back from the rush of summer vacations, start of school, hectic work schedules, and fall offers us the reprieve before the busy holiday season. Fall is a great time to spend with loved ones, completing final yard work, watching football, enjoying apple cider, and preparing for the winter months. CWFHA is thrilled to have Jena Hausmann, MHA, Senior Vice President and Chief Operating Officer of The Children's Hospital, as our next esteemed guest on October 15, 2009. Ms. Hausmann's topic, "Staying Focused (and Balanced) in Today's Tumultuous Healthcare Reality", will serve as an opportune time to bring balance and enjoyment of the season.

For the next meeting, we invite you to bring baby and child products, such as baby food, diapers, sippy cups, baby wipes, or clothing. All donations will be given to The Gathering Place.

We look forward to seeing you October 15, 2009!

Sincerely yours in health,

Lisa M. Betthausen and the CWFHA Board

2009-2010 CWFHA Board

Co-Presidents: Lisa Betthausen and Janine Costantini
Vice-President: Kathy Ryan Morgan
Membership: Janine Costantini
Treasurer: Tracy King
Newsletter Chair: Jeannie Miller
Student Liaison: Lizzy Chapman
Past President: Ashley Lemon
Program Chair: Open

Upcoming CWFHA Events:

November 19, 2009 –

Christine K. Forkner
Chief Financial Officer,
National Jewish Health

January 21, 2010 –

Anita Kumar-Gill, MD
Psychiatrist & Medical Director
Eating Disorder Center of Denver
Title: ***The Other Side of the Mirror:
Reflections on Eating Disorders***

February 18, 2010 –

Melinda McIntyre, RN
Rocky Mountain Cyberknife

March 18, 2010 –

Jandel Allen-Davis, MD –
Vice President, Government and External
Relations, Kaiser Permanente

April 15, 2010 – TBA

May 20, 2010 –

Ellen E. Stewart, JD
Partner, Berenbaum, Weinshienk & Eason
***Colorado Healthcare Legislative Update -
2009***

September 17, 2009 Minutes

Speaker: Phillipa Marrack, Ph.D

Lisa Betthausen, Pres. Provided updates and announcements:

- ✦ Introduction of Board Members and open positions
- ✦ Background on CWFHA
- ✦ Scholarship info
- ✦ Newsletter info
- ✦ Parking validation
- ✦ Donations to Gathering Place

Kathy Ryan-Morgan, V.P. introduced Phillipa Marrack, Ph.D ***Vaccines and Their Unknown Heroes, Balto and Alexander Glenn***

Dr. Marrack provided background on the immune system:

- ✦ 3 trillion lymphocytes monitor all regions of the body to locate infectious cells. Each lymphocyte has 20-40,000 receptors (locks); these 'locks' are different on each cell.
- ✦ The surface of a virus fits into one of the lymphocyte receptors. This connection stimulates the lymphocyte to multiply and secrete antibodies that kill the virus (invader).
- ✦ Once the virus has been eliminated, memory cells continue to secrete antibodies to protect against a second infection by the same invader.
- ✦ If the receptors on the lymphocytes make a mistake and attach/multiply to something that is not an infection, it destroys healthy target cells (auto-immune disease)

Viruses/infections have adjuvants which are materials that our bodies recognize as foreign and use them as signals to induce inflammation and improve our immune system. If no adjuvants are present, the lymphocyte is reacting with one of our own healthy cells. Adjuvants help create memory T and B cells.

We want vaccines to create effector cells to help reject invaders, which in turn create memory cells which help prevent a second infection by the same invader.

Vaccines must contain a piece of the invader and the adjuvant.

Dr. Marrack provided background on Lady Mary Wortley Montague who vaccinated against smallpox using the live virus and Edward Jenner who was instrumental in the cowpox vaccination which stimulates some of the same lymphocytes that react with smallpox.

Alum is an adjuvant added to vaccines; aluminum hydroxide and phosphate to which proteins adhere.

In the early 1900's diseases such as Tetanus and Diphtheria were treated by giving patients antibodies from horses that had been immunized with tetanus and diphtheria toxoids. In 1927 there were 10,000 deaths from diphtheria. In 1932 the first report of alum and diphtheria was produced and proved 90% efficacy.

Natural adjuvants used can make the host very sick and in some cases can be fatal. Alum as an adjuvant does not last as long and therefore the vaccines with Alum must be repeated periodically.

Why some people refuse to get their children vaccinated:

- ✦ Smallpox has been eradicated so the vaccine is no longer needed
- ✦ Measles and polio have almost been eradicated
- ✦ The targeted diseases have been eradicated so people forget how devastating the disease actually is
- ✦ Some people (immunodeficient patients) could become seriously ill if given certain vaccines
- ✦ Publicity around individual cases

In Russia from 1965-90 Diphtheria vaccines were not mandated, in the late 1990's 50,000 people became infected as a result.

Autism and vaccines: A study in Scandanavia showed that equal number of vaccinated and non-vaccinated children were diagnosed with Autism and there is no correlation.

Mercury was used in vaccines to keep sterile until approximately 7-8 years ago.



Phillipa Marrack, PhD



CWFHA Meeting 9/17/09